

Our Mission

Women in Anesthesiology (WIA) is an organization devoted to the professional development of women physician anesthesiologists. Through both an informal and formal all-physician network, we support the recruitment, retention and job satisfaction of women in anesthesiology.

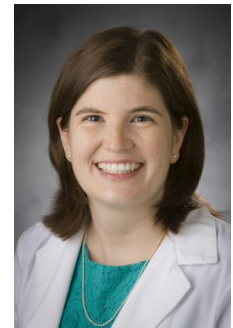


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President's Corner



Dear WIA Supporters,

It's hard to believe that after this last year, there is a light shining at the end of the tunnel. We are starting to discuss travel and in-person meetings! Despite this, COVID-19 is still around and hit my household in March. My daughter had an exposure in preschool, and my husband and son tested positive shortly thereafter. Both kids remained asymptomatic, but my vaccinated husband had allergy-like symptoms. I know that the vaccine kept his symptoms mild and protected me completely against an almost-inevitable household transmission. My personal experience made me grateful for all the brave adults and children who have participated in the vaccine trials. While we were quarantining, we saw my son's classmates on the national news, as they were the first two children under 12 years old in the U.S. to receive the vaccine! The juxtaposition of my family having COVID-19 with mild symptoms, and seeing the hope of possible herd-immunity, was encouraging.

As our virtual speaker series winds down this year with Dr. Corinna Yu on June 27, 2021, WIA's Board is starting to think about future events. This year, we will continue with a virtual annual meeting (tentative date in late October), but will also plan an in-person reception for those members attending the ASA Annual



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Promotion Spotlight

- ♦ **Congratulations to Dr. Margit Kaufman, MD** - named Medical Director for the Institute of Bloodless Medicine and Patient Blood Management at Englewood Health, NJ.
- ♦ **Congratulations to Dr. Cynthia Wong, MD** - recipient of SOAP 2021 Distinguished Service Award.



- ♦ **Congratulations Dr. Elizabeth T. Drum, MD** - recipient of ASA's 2020 Nicholas M. Greene, MD Award for Outstanding Humanitarian Contribution, received during ASA Annual Meeting Rovenstine Lecture.



Meeting in San Diego. Our ultimate goal is a 2 day CME meeting in February 2023! In order to plan these events, we need volunteers. So please email us at info@womeninanesesthesiology.org if you can help us plan some fantastic programming. Keep your eye on our social media channels for more information about all of these events.

If you missed our Speaker Series, you can still register to watch the talks and get 9 hours of CME. We were lucky to have a variety of phenomenal speakers, including Dr. Emily Methangkool, Dr. Allison Overmon, Dr. Asha Padmanabhan, Dr. Marjorie Stiegler, Dr. Meghan Lane-Fall, and Dr. Corinna Yu. We will likely continue with the series next year. Our research committee, led by Dr. Annery Garcia-Marcinkiewicz and Dr. Lisa Rong, is working to develop a speakers database, but until that is finished, we would love to hear your suggestions for speakers. I always have to remind you that we are an all-volunteer and non-profit organization, so we rely on YOU to help us to move forward. Please renew your membership (if you haven't already) and consider a donation. Don't hesitate to reach out to us if you are interested in volunteering or if you have ideas on how WIA can partner.

Happy summer!

Elizabeth B Malinzak, MD, FASA
President, Women in Anesthesiology, LLC

Greetings from the Newsletter Committee



Hello Everyone!

The weather is warming up and so is the idea that we might be able to socialize, see vaccinated friends and loved ones, and even eat at outdoor restaurants!

At the time of writing this, approximately 129 million (~40%) of Americans are fully vaccinated against Covid 19 ([Coronavirus \(COVID-19\) Vaccinations - Statistics and Research](#)). By no means are we done with these traumatic last 16 months, but there is hope that



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Promotion Spotlight, con't.

- ✦ **Congratulations Dr. Meghan Valach, MD** - promoted to Chief Medical Officer of Mobile Anesthesiologists, Chicago, Illinois.
- ✦ **Congratulations to Dr. Paloma Toledo, MD** - recipient of the SOAP 2021 Inaugural Diversity and Inclusivity Award.



- ✦ **Congratulations to Dr. Anne-Sophie Janvier, MD** - recipient of the SOAP 2021 Kybele Grant for her project: "Implementation of Tailored ACOG Guidelines to Standardize Postpartum Hemorrhage Management in a Large Public Hospital in Haiti".



things are looking up.

In other positive news, New Hampshire's Supreme Court recently upheld the New Hampshire Medical Board's rule that states that the term "Anesthesiologist" must apply to someone who is a physician (MD/DO) and that meets all the requirements to practice medicine in the state "[Nurses' Use of Physician Term Anesthesiologist Misleading to Patients](#)"

This is a big win for our specialty, but with many states temporarily expanding NP's scope of practice during the pandemic, these discussions are more widespread than ever. Advocacy for the safety of our patients and for our speciality is a must!

Please join us in appreciating all our members who continue to support our speciality in so many different ways; they provide clinical care, advocate for our patients, earn promotions, receive awards and publish articles. Congratulations and Thank You! Way to go ladies!

In conclusion, we hope that you all have a safe and enjoyable summer, despite the typical operating room rush!

Sincerely,

*Lisa Weiss, MD and Amanda Kirzner MD (Newsletter Committee)
Heidi Tavel, MD (Chief Editor and Director, Social Media)
Leena Mathew, MD (Communications Chair)*

WIA Speaker Series - Update

We are excited to continue the Women's Empowerment Speaker Series for 2021! This series offers durable CME and you can register [here](#).

Our next scheduled speaker is **Dr. Corrina Yu**, who will discuss "Racism and the Asian American Community" on June 27th at 8pm EST. Please register and join us! We have had an amazing show of speakers since we started the series in 2020, with topics spanning over imposter syndrome, branding, leadership, professional and personal wellness, and patient safety. We hope to continue the momentum at our virtual annual meeting in the Fall. We would love to hear from you. Email us with your ideas and suggestions for future talks at info@womeninanesesthesiology.org.



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Grant Opportunities

Have you looked into ASA's Mentoring Grant Program?

- ✦ There is still time to submit your proposal.
- ✦ The goal of this grant is to foster diversity within ASA, through the power of mentorship.
- ✦ The program provides funding up to \$5,000 to mentor/mentee pairs who submit a project that addresses of the goals of the ASA Committee on Professional Diversity.
- ✦ Your project may be oriented to research, education, political advocacy, or an organized medicine endeavor that clearly speaks to the mission and duties of ASA's Committee on Professional Diversity.
- ✦ The deadline for the 2021 grant submission is Wednesday, June 30, 2021.
- ✦ Check it out at <https://www.asahq.org/about-asa/asa-awards-and-programs/asa-mentoring-program>

Career Opportunities

✦ **Mobile Anesthesiology** is an all ambulatory anesthesia practice in Chicago, Illinois. We are hiring great anesthesiologists for ambulatory and office-based anesthesia jobs. No call, no holidays, and voluntary Saturdays only for stipend pay. "It's the banker's hours of anesthesia and 8 years in, I still love it!" Message Dr. Meghan Valach, MD/CMO via Facebook for more details.

✦ **University of Nebraska Medical Center** has fantastic career opportunities, with availability for physician anesthesiologists at every rank. Looking for educational, research and clinically-focused physicians within our RAAPM, OB, Neuro, and General Anesthesiology divisions who want to work in a culture of support and wellbeing. Leadership opportunities and non-clinical time are available to fit your desire to grow, and we have competitive pay. Omaha is a great place to live, and you can literally fly anywhere in half a day! Contact Dr. Sasha Shilcutt, MD at sshillcu@unmc.edu.

✦ **UNC** is continuing to expand and we are looking for both a general pediatric anesthesiologist and a pediatric cardiac anesthesiologist to join our team. We have a strong department that supports junior career development. If you know anyone looking to relocate or any fellows who are considering an academic practice, please to send them our way! Contact Dr. Sara Pittenger, MD at Sara_pittenger@med.UNC.edu

✦ "We are recruiting anesthesiologists for an established, busy and growing multi-specialty ASC in Orange County, CA. Do all your own cases. Especially helpful to be comfortable with peds and regional nerve blocks". Message Dr. Jeanie Sprengel MD via Facebook.

✦ **The Department of Anesthesiology at Duke University Medical Center** is seeking exceptional candidates to apply for the position of Chief, Division of Critical Care Medicine. The ideal candidate will be an accomplished academic anesthesiologist and critical care medicine specialist of national prominence, and a well-respected, dynamic and innovative leader. Priority will be given to candidates with a proven track record of academic productivity, as demonstrated through high-impact publications, thematic-based research, and/or grant funding. The successful candidate will be responsible for advancing the department's mission and vision in the field of critical care medicine.

Interested candidates should apply with a CV and letter of interest via <https://pdc.dukehealth.org>.



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Publication Spotlight

♦ **Representation of Female Faculty at US Medical Schools and Success in Obtaining National Institutes of Health Funding, 2008-2018** -

Elizabeth Burney Malinzak, MD;
Daniel Weikel, MS; Madhav Swaminathan, MD, MBBS JAMA Netw Open. 2021;4(3):e210388. [Representation of Female Faculty at US Medical Schools and Success in Obtaining NIH Funding, 2008-2018](#)

♦ **Mentorship: An anesthesiology training essential.** Mina Oftadeh, DO, FASA ; Christine T. Vo, MD; Brittany M. Reardon, MD; Lisa E. Weiss, MD, *ASA Monitor* April 2021, Vol. 85, 11-12. [Mentorship: An Anesthesiology Training Essential | ASA Monitor | American Society of Anesthesiologists](#)

♦ **The Pathophysiology of Racial Disparities.** Amanda Calhoun, MD, MPH May 20, 2021 N Engl J Med 2021; 384:e78 DOI: 10.1056/NEJMp2105339 [The Pathophysiology of Racial Disparities nejm.org](#)

♦ **Burnout Rate and Risk Factors among Anesthesiologists in the United States** Anoushka M. Afonso, M.D., Joshua B. Cadwell, M.B.A., M.S., Steven J. Staffa, M.S., David Zurakowski, Ph.D. Amy E. Vinson, M.D. *Anesthesiology* 2021; 134:683-96 [Risk Factors for Burnout.](#)

Call for Volunteers!

Interested in WIA Volunteer Opportunities?

♦ WIA is looking for members who would like to volunteer to participate on our [WIA Meetings and Event Planning Committee](#). Please email info@womeninanesesthesiology.org.

♦ Additionally, if you are interesting in helping the WIA organization in any capacity, we would love to connect with you.

Donation Request

Please consider a (recurring) donation to WIA!

- ♦ We are a non-profit organization that is entirely volunteer run!
- ♦ Your donation supports the mission of Women in Anesthesiology.
- ♦ Every dollar furthers the professional development of all women anesthesiologists.
- ♦ Donations go directly to web support, speaker support, research, advocacy, non-profit insurance, meeting costs and other logistics of running a small non-profit organization.
- ♦ Thank you to all who have supported us financially already this year.
- ♦ Your continued support helps us to magnify WIA's advocacy efforts for the safety, protection and equity for all women in anesthesiology.
- ♦ We continue to grow and are able to support even more projects each year, because of your generosity.
- ♦ We are immensely grateful to all our supporters.

♦ [Donate to WIA](#) here.



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Publication Spotlight, con't.

♦ ***Through Their Own Lens: Supporting Women and Minorities in Anesthesiology Through Coaching.***

Nina Deutsch, MD ;
Olubukola O. Nafiu, MD, FRCA, MS ;
Jennifer K. Lee, MD ; Scott D.
Markowitz, MD *ASA Monitor* April
2021, Vol. 85, 28–29. [Through Their Own Lens.](#)

♦ ***Asian Americans: The Overrepresented Minority?: Dispelling the 'Model Minority' Myth***

Corinna J. Yu, MD, FASA *ASA Monitor* July 2020, Vol. 84, 32–33.
[Asian Americans: The Overrepresented Minority? | ASA Monitor | American Society of Anesthesiologists](#)

♦ ***Reimagining Patient-Centered Care During a Pandemic in a Digital World: A Focus on Building Trust for Healing***

Reimagining Patient-Centered Care During a Pandemic in a Digital World: A Focus on Building Trust for Healing. *NAM Perspectives*. Commentary, National Academy of Medicine, Washington, DC.
[Reimagining Patient-Centered Care During a Pandemic in a Digital World: A Focus on Building Trust for Healing](#)

Blog Feature: What's on your mind? Our Members speak!

"I have no conflicts of interest to disclose. My blog posts do not constitute medical advice. They are not sponsored posts and there are no affiliate links. These blog posts represent my own personal views and opinions and not those of The University of Cincinnati."

But Not Like That

Nicole M. King, MD



My inner monologue. Based on the overt and subliminal messages I am receiving every day at home, at work, in the media, on social media, in my dreams, in my nightmares, in the society that I am both a product of and a part of, all at the same time. A monologue that will not stop. A monologue that follows us, threatens us and defines us. A monologue that has the power to destroy us as women and as physicians. A monologue simply labeled, "but not like that."

Be confident, but humble.

Be bold, empowered, fierce, but not like that.

Be exacting in your expectations, but kind.

Be forceful and intentional, but be nice.

Be here now at work, but don't be selfish with your time.

Be, be, be...but not like that.

Be you, except not like that.

Be willing to push the boundaries, but professionally.

Be a perfect mother, but not right now.

Be a perfect employee, but your children miss you.

Be, be, be...but not like that.

So you dig in and you do the work that you are supposed to in order to be "better." You do self-care, meditation, yoga, working out, therapy, even maybe taking medication to ease some of the pain of trying to do it, but not like that. And you think your



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Upcoming Events

Women in Cardiothoracic Anesthesiology Professional Development Mentoring Program

- ♦ Offering a FREE clinical research webinar series.
- ♦ SCA (Society of Cardiothoracic Anesthesiologists) membership not required to attend the webinar series.
- ♦ Visit <https://www.scahq.org/wicta-pdmp-webinars/> to register.

Oregon Society of Anesthesiologists

- ♦ Following a 2020 hiatus, OSA is pleased to announce we will be resuming our Annual Education Meeting this year on Sunday, September 26, 2021.
- ♦ The event will be headlined by the 2021 Haugen Lecturer Dr. Joy Hawkins, MD - Director of Obstetric Anesthesia and Vice-Chair for Education at the University of Colorado.
- ♦ Details regarding virtual and possible in-person attendance in Portland, Oregon to follow.
- ♦ <https://www.osaonline.org/events-education/conferences>

Blog Feature, con't.

light shining. You feel your ship sailing. You are making it...and it is beautiful and wonderful and everything you imagined, and then someone says, but not like that.

And you come crashing down and immediately blame yourself, as does everyone else, because you shouldn't need the approval or respect of others to be you. Look at you, so desperate for external validation. So in need of it, you are willing to go to extreme lengths to prove your worth to those you work with... how desperate are you? You should just know you are amazing and worthy and be confident in the person you are...but not like that. What are you, arrogant, entitled and self-righteous? What gives you the right to be you? I'm sorry but is it any wonder so many women say "not like that" and leave medicine? We are born and raised in an environment that breeds "not like that" into those who identify as female. We are praised and validated in our dogged pursuit of greatness, as students and trainees, and lamented for the same behavior as attendings. We are left with a constant thought within us, in front of us, beside us and behind us reminding us "not like that."

And the worst part is that so many of us then turn and tell other females "not like that." We perpetuate the fear and gender discrimination that ruins our ability to fly as both females and physicians. Myself included. I am not above calling myself out for my rabid dedication to some strict "not like that" mentoring. But what is even worse than this is when women mentors advise their mentees to watch their p's and q's and advise a break, or a transition, all the while they are utilizing the very "not like that" qualities that are needed to reach positions of power. Whether true or not, the appearance is demoralizing and disempowering for those junior women. Are we or are we not supposed to buy into the "not like that" behavior and expectations?

It's up to us to decide the way forward. Continue the cycle of abuse or break it and show women physicians that we are absolutely, masterfully, and wonderfully suited to be in this profession. Emotions and passions and hormones and all of it included. Together, along



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Upcoming Events, con't

Brave Enough

- ♦ **The Brave Enough Women's CME Conference** is back! This September 30 – October 3, we will be meeting in-person for the 5th. BE conference in Scottsdale, Arizona. If you have never been, you will find it is unlike any other CME conference for women. INCREDIBLE speakers such as activist and author Rachael Denhollander, leadership guru Cy Wakeman, CEO Dr. Julie Frieschlag, all coming to lay down truth bombs. Here is the link! braveenoughconference.com. Founder Dr. Sasha Shilcutt, MD.

- ♦ **Brave Balance, a CME master class** on setting boundaries and learning work-life control. Isn't that what we all want? With intention, we can have it. This CME self-development class teaches you to lead the most important person – you. 75 women just finished the the class last week - over an incredible 12 weeks. Women over came burnout, negotiated for promotions and raises, stopped unpaid tasks, learned how to set boundaries in their homes, and LEVELED up. Sound like your kind of thing? Next class will be this Fall. Founder Dr. Sasha Shilcutt, MD. Find out more: www.becomebraveenough.com/store.

Blog Feature, con't.

with those men who are willing, we can create an environment where even thin skinned and fragile females (like myself) can flourish because these same attributes attune us to our team and patients' needs. Our trauma history gives us the ability to read patterns easily and understand the emotions of others.

Our femaleness uniquely aligns us with the art and practice of medicine, anesthesiology and critical care. And there is no need for us to leave or break because there is no one there to say "not like that" at every turn. Instead with every passing moment we are saying, "just like that."

About the Author: Nicole M. King, MD is a critical care anesthesiologist at the University of Cincinnati. She is currently getting her Executive Masters in Clinical Quality, Patient Safety and Leadership at Georgetown University. She has spent the past year battling COVID, fighting for innovation and advocacy in medicine, and trying to find her why, while being a wife and mother. She is tired but committed to medicine and the future.

In celebration and support of Pride Month -

